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Optimized heart disease prediction model using a meta-heuristic feature selection with improved binary salp swarm algorithm and stacking classifier

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ABSTRACT

Despite technological advancements, heart disease continues to be a major global health challenge, emphasizing the importance of developing accurate predictive models for early detection and timely intervention. This study proposes a heart disease prediction model integrating a stacking classifier with a nature-inspired meta-heuristic algorithm. It employs an improved Binary Salp Swarm Algorithm (BSSA) by incorporating a wolf optimizer and opposition-based learning for optimal feature selection. The proposed Stacking Classifier (SC) architecture features a two-tier ensemble: heterogeneous base classifiers at level 0 and a meta-learner at level 1. The BSSA is used to identify optimal features, which are then utilized to construct the stacking classifier. Experimental results demonstrate superior performance, achieving 95 % accuracy, 0.92 sensitivity, 0.97 specificity, 0.96 precision, and an F1 score of 0.95, with notably low false positive and false negative rates. Further, validation on larger datasets yielded an accuracy of 87.46 %. The feature selection process adopts a multi-objective strategy which enhances the classification accuracy and outperforms conventional techniques. The proposed method demonstrates significant potential for improving the predictive modelling in clinical settings for diagnosing heart diseases.

1. Introduction

Heart disease continues to be a leading cause of mortality worldwide, with projections indicating a significant increase in prevalence by 2030 [1]. According to the European Society of Cardiology, 3.6 million people globally received a diagnosis of a cardiovascular ailment in the last year. Clinical studies identify the following main factors that contribute to heart failure: Modifiable factors that have a significant impact are cholesterol, obesity, smoking, and physical inactivity and factors like sex, age, and family history are uncontrollable. A healthy lifestyle can help to reduce the chance of cardiovascular problems [2]. A precise diagnosis is essential due to the rising rates of heart disease incidence and mortality. Reducing death rates and the progression of the disease are critical to the clinical prognosis. Clinical prediction systems are assisted by computerized methods that help with early risk assessment and diagnosis [3]. The healthcare industry leverages the use of artificial intelligence and data mining to support clinicians. [4]. Specifically,

quantum computing is being used by researchers to reduce training time and improve forecast accuracy [5,6]. Generative Adversarial Networks are deployed to increase the data samples before classification [7].

The prediction process involves primary steps like data collection, feature selection, and categorization. Feature selection plays a vital role in identifying the relevant feature subsets and thereby minimizing the classifier performance degradation and reducing model complexity [8]. It is a key step that improves the classifier's performance and shortens the training time. Various techniques exist for feature selection, primarily filter and wrapper-based methods. Filter methods like analysis of variance, chi-square estimation, and correlation analysis employ statistical procedures to identify decision variable interdependencies [9, 10]. Wrapper techniques utilize classification algorithms to score feature subsets by selecting the subset with the highest classification score for subsequent decisions [11]. Heuristic and random search-based feature selection methods have recently gained prominence [12]. Heuristic search aims to find the optimal feature set, maximizing accuracy or

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metaheuristic algorithms, such as PSO, GA, and GWO, which involve additional operations like mutation, crossover, and velocity updates. Moreover, BSSA requires fewer tunable parameters compared to PSO and GWO, simplifying implementation and optimization. While the stacking approach increases computational complexity, it enhances performance and robustness by integrating multiple diverse classifiers. Although this added complexity may demand more resources, it often leads to superior predictive accuracy of 95 %.

4.10. Limitations of the proposed approach

This study is developed using UCI benchmark datasets to explore the potential of the stacking method. However, the performance of the proposed model needs to be validated on the real-time dataset. A dataset with more clinical biomarkers should also be utilized to test this study. The proposed model is computationally intensive and can be deployed using larger processing environments and cloud-based solutions to manage extensive datasets. With preprocessing provided, the model can handle heterogeneous data such as biomarkers, vital signs, and electronic health records. Feature analysis enhances interpretability in clinical settings by identifying key predictors of heart disease, enabling early detection and monitoring.

5. Conclusion

An optimized ensemble stacking classifier is presented for heart disease classification. The proposed method incorporated the optimal feature selection approach using a modified Salp swarm algorithm. Then, the selected features are classified using a two-level stacking classifier. The stacking classifier employed the traditional machine learning classifiers in the hierarchical structure. Experimentation using the UCI heart disease dataset demonstrated the proposed BSSA-SC which achieved an accuracy of 95 % and showed better performance over SVM, RF, MLP, XGB, and ADB classifiers. Incorporating an improved salp optimizer enhanced the prediction process, resulting in a 5.5 % improvement in accuracy. The suggested approach performed better than the previous methods, with accuracy gains of 49.37 %, 14.45 %, 5.55 %, 4.39 %, and 11.76 % against PSO + KNN, Dragonfly + hybrid classifier, stacked SVM, DUMF + Ensemble Classifier, and MI + MLP. In the future, hybrid optimization and deep learning classifiers might further improve the effectiveness of the proposed method. Despite the contributions, this study can be investigated for the real-time biomarkers from the affected patients.

CRediT authorship contribution statement

M. Sowmiya: Writing – original draft, Methodology, Conceptualization. **B. Banu Rekha:** Writing – review & editing, Validation, Supervision, Formal analysis, Conceptualization. **E. Malar:** Writing – review & editing, Supervision, Investigation.

Data availability

The data presented in this study are publicly available.

Ethics statement

This research utilized publicly available open-source data, and no human or animal subjects were involved in the study. All data used in this research are freely accessible from reputable sources and have been used in compliance with the terms and conditions set forth by the respective data providers.

The authors declare that there are no conflicts of interest related to this work. The manuscript has not been previously published and is not being considered for publication elsewhere.

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Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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